March 20, 2021

MidHudson Intergroup Meeting

Called to order by Amy B.

Opening - Serenity Prayer

Read the 12 Steps (Madeline H.)

Traditions 3&4 (Amy B.)

Introductions:

Amy B. (co-chair)

Melissa C. (co-chair)

MaryEllen (Treasurer)

Evangelyn (World Service Delegate)

Madeline H (Region 6 Representative)

Kira B. (MHIG Tech)

Katie (Corresponding and Recording Secretary)

Visitors:

Martha L.

Ed D.

Wendy S.

Juanice N.

Daisy

Khieta D.

Terry G.

Agenda:

Evangelyn moves to approve the agenda, Kira seconds

Agenda unanimously approved

Officer Reports:

Co-Chair Report - Amy & Melissa

Initial trudge talk was a success, 2nd Trudge Talk this afternoon (focus on young people)

Treasurer Report - MaryEllen

Bal. \$6,867.07

Increase of \$661.58 (despite expenses/thanks to donations)

Retreat reserve is tracked separately

We don't need delegate travel expenses this year because virtual

MaryEllen has stayed on as Treasurer for a third term; she would like to turn this position over by the end of the year / but willing to turn over sooner

1 year of abstinence required

MaryEllen to write up very brief description of Treasurer position

Corresponding/Recording Sec Report – Katie

taking notes

Region 6 Representative - Madeline H.

Assembly coming up in April; she will report after the assembly anyone can attend/only Madeline can vote – just have to register in advance/ don't need intergroup approval if just signing up as a guest

WSBC Delegate - Evangelyn

Plug for the quarterly newsletter put out by OA Virtual Region. Contact newsletter@OAvirtualregion.org if you want to make a submission

SEVENTH TRADITION – link posted in chat

Committees/Other Activities

Speaker Bank – Chuck - not in attendance

Sponsor Bank – Madeline R. - not in attendance

Remind - Open Position – we are not currently using this service

PI/PO – MaryEllen, Terry, Chuck – no reports

MHIG Tech (Website/Zoom) - Kira

- The following are up to date: website, all meetings & Zoom links, Podbean & Apple podcasts
- new young persons meeting added to the schedule
- all open positions will be updated

Retreat - MaryEllen

- Our retreat leader from last year is willing to do virtual retreat/Big Book study in May
- Kira, Amy & MaryEllen met, created flyer, people sign up through EventBrite
- 27 tickets sold so far
- Many people had already given \$25 last year (7th tradition) for the retreat that was cancelled due to COVID; their money went toward this year's retreat and they were able to sign up with last year's money
- only one person wanted their money back
- MaryEllen needs a list of people registered. Amy will download and export/send to MaryEllen
- RE: retreat location from last year/St. Lawrence Friary no word on the money we already paid them last year – as soon as MaryEllen knows she will let us know

- we are in good shape for the May retreat

Newsletter - Open

- open position
- our website includes 3 newsletters per month
- for \$10 more we could send 5 per month
- doesn't have to be labor intensive/ people can share the position/ no abstinence requirement
- we get new subscribers on our MHIG website constantly and we aren't sending them anything
- even if the newsletter just included upcoming events and a welcome message
- once per month would be a great start
- Juanice N. volunteers for Newsletter position THANK YOU, JUANICE!

New Business

1. Special event donation!

Amy announces that the Special Event committee of the LAIG is donating/7th tradition \$3,000 to our Intergroup in recognition of the contributions Mid Hudson members made to this year's Birthday Party. There are a lot of exciting possibilities to carry the message – we would like to reach out more locally and would like to make more programs for people

2. Proposals

- a. Carry the Message ads Local TV H&G, Food Network, etc., bus station ads near local college, local college radio and TV stations. Goal is to attract young people, as we currently have we have an active young person's meeting. We can reach out to local colleges and help young people who are suffering from the disease of COE
- other suggestions: Social Media, Google Ads
- Kira B. volunteers to look into Google ads, how to spread the message THANK YOU, KIRA!
 - b. In-person MHIG Autumn Convention proposed for October 2021.
- A way to spread the message, use the donated money, have fellowship
- October 23-24, 2021
- Bowdoin Park, Wappingers Falls
- We can rent 2 pavilions (pavilions are located on either side of parking lot/ pavilions have roofs/ open sides)
- Pavilion #5- kitchen & bathroom, grill, electric, water, handicapped accessible. \$375 per day
- Pavilion #3- across the parking lot has electric, water, grill, and bathroom. \$175 per day
- Tables are provided

- Right now, due to COVID, they are at half capacity, all COVID guidelines to be followed
- Total: \$1,100 for the entire weekend/both pavilions
- Cancellation policy: up to 14 days before event refunds are offered but there is a \$50 cancellation fee per pavilion. Less than 14 days before event, no refunds

Proposed ideas:

We can sell tickets/7th tradition

Sponsor/sponsee speed dating

Meeting can be hybrid of in-person and virtual / Possibly buy a projector/ we already have the zoom room, so no additional zoom expenses

Possibly buy pencils and notebooks, OA chips to give to attendees

Already have the trudge talk scheduled for that weekend/ can do it live at the convention

Maybe a sunset or sunrise meeting or meditation

Morning/evening walks?

Outdoor yoga?

Look into nearby hotels/accommodations for out of town guests — there are many hotels within 5 miles of park

Proposal:

Amy proposes we pay \$1,100 to rent 2 pavilions for 10/23/21 & 10/24/21

Melissa 2nds

Unanimously passes

Amy to reserve/pay/ and seek reimbursement from Mary Ellen

3 Lifeline

Madeline: Lifeline is still available. Go to Oalifeline.org. Features various OA approved stories and articles

4. World Service:

Evangelyn: will be voting at World Service. Asks for input on one of the issues to be voted on: whether to amend the statement on abstinence and recovery to what it was in 2018 and whether to only allow for changes once every ten years.

- All agree we want the statement on abstinence and recovery to revert to what it was in 2018 and that it should only be changed once every 10 years. Evangelyn to vote in agreement with this at

World Service.

Concept #3&4 – Read by Amy

Serenity Prayer

Close meeting